

# MEET SIX CHANGEMAKERS

Imagine your role in a world full of potential.



**OUR POTENTIAL  
OUR PURPOSE**



**AGA KHAN FOUNDATION  
CANADA**

# WORLD MAP

## REFLECTION

Where in the world are you?

*DRAW A PIN*

What parts of the world do you feel connected to?

*DRAW LINES*



## GO ONLINE

to learn more  
about these  
changemakers

OLGA



SHERRY



ATILA



NADIA



PAKISTAN

KENYA

UGANDA

MOZAMBIQUE



MWINYI



RUTH

# MEET ATILA



“ If people themselves become better,  
the world would be a better place.”



In rural regions, it can be hard for adolescents to find support networks. Atila connects with peers and learns from mentors at a space for adolescents in her community. By focusing on topics like self-love, stress management, and communication, Atila learns the skills she needs to thrive as she matures.

## REFLECTION

- 1 How are you feeling in this moment? Pause and check in with your heart, mind, and body.
- 2 Who helps you when you feel stressed?
- 3 What would a safe space look like for you? Use the space below to imagine and draw your own safe space.

## ATILA'S RIPPLE EFFECT

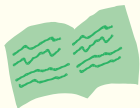
ATILA ATTENDS  
A COMMUNITY  
ADOLESCENT  
CENTRE

SHE BUILDS THE  
SKILLS, RESILIENCE,  
AND CONFIDENCE TO  
MAKE CHOICES ABOUT  
HER LIFE

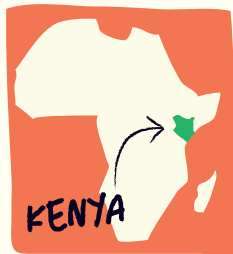
ATILA IMAGINES A  
FUTURE WHERE SHE  
BECOMES A LAWYER  
AND HELPS OTHERS

WITH MENTORS TRAINED  
ON YOUTH NEEDS

# MEET MWINYI



“ Education is important because it gives you a key to open many doors. ”



When children do not have good support from parents and caregivers in their early years, it has a lifelong impact. Fortunately, Mwinyi attended a preschool where his teacher, Bahati, helped set a strong foundation for his education journey. Mwinyi is now applying to universities and hopes to use his education to help his community.

## REFLECTION

- 1 Who is your favourite teacher, and why?
- 2 How has that teacher shaped you?
- 3 What doors has education opened for you?

## MWINYI'S RIPPLE EFFECT

MWINYI ATTENDS  
PRESCHOOL WITH  
TEACHER BAHATI,  
A DEDICATED  
EDUCATOR

THROUGH ENGAGING  
AND SUPPORTIVE  
LEARNING,  
MWINYI DEVELOPS  
FOUNDATIONAL  
SKILLS AND  
CONFIDENCE

HE EARNS A  
SCHOLARSHIP  
FOR PRIMARY  
AND HIGH  
SCHOOL

MWINYI APPLIES  
TO UNIVERSITY  
AND HOPES TO  
GIVE BACK TO HIS  
COMMUNITY



# MEET OLGA



“ Since I was seven, it was my dream to become a nurse. I had a grandfather who was also a nurse, so that motivated me even more. ”



When communities lack health care and information, lives are at risk. Olga followed in her grandfather's footsteps to become a nurse. She graduated from Pemba Nursing School, with a goal of saving the lives of women and their newborns, and uses her skills every day to improve the health of her community.

## REFLECTION

- 1 What do you dream of doing in the future?
- 2 Who or what inspires your dream?
- 3 How does your health impact your opportunities and abilities?

## OLGA'S RIPPLE EFFECT

OLGA'S  
GRANDFATHER  
INSPIRES HER  
TO BECOME A  
NURSE

OLGA APPLIES  
TO PEMBA  
NURSING  
SCHOOL,  
STUDIES, AND  
GRADUATES

OLGA BECOMES  
A MATERNAL  
AND NEONATAL  
NURSE AND  
TREATS HER  
PATIENTS WITH  
COMPASSION

FAMILIES VISIT  
THE HEALTH  
CENTRE TO  
RECEIVE  
LIFESAVING  
INFORMATION  
AND CARE

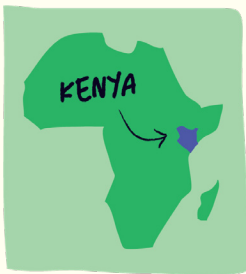


FAMILIES AND THE COMMUNITY  
ARE HEALTHIER

# MEET RUTH



“ I would never use chemical fertilizers because you have to cover yourself. You start sneezing and coughing. So I wouldn't go back to it. ”

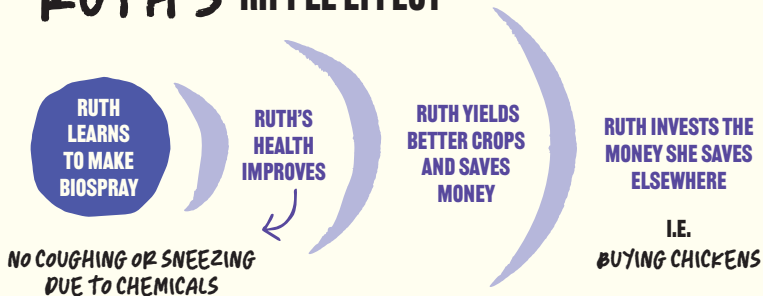


In Kenya, changing weather patterns and insects have made growing crops unpredictable. Ruth participated in a workshop where she learned how to make natural fertilizers and protect her crops using sustainable techniques. Now, her farm is thriving, and she can save money for her future.

# TRUE OR FALSE

- 1** In Kenya, agriculture employs 20% of the population.  TRUE  FALSE
- 2** The Global Framework on Chemicals aims to phase out highly hazardous pesticides in agriculture by 2035.  TRUE  FALSE
- 3** Plants capture carbon and primarily store it in root systems and soils.  TRUE  FALSE

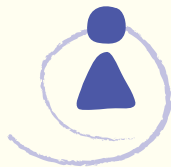
## RUTH'S RIPPLE EFFECT



## ANSWERS

- 1. False:** 46% of Kenyans earn their living in agriculture
- 2. True:** where the risks have not been managed and safer alternatives are available
- 3. True**

# MEET SHERRY



“ In the class we learned how to open an engine, how to check the calibrator and identify the problem, and how to work on a flat tire. I will learn more and more...In the future...I hope to start my own garage! ”



Sherry used to earn a living as a domestic worker and was often mistreated. She had few other options for employment until she found a chance to train to be a mechanic. Now she plans to open her own business. As a role model for women who want to break into male-dominated trades, Sherry hopes that others are motivated to carve their own path.

## REFLECTION

- 1 What skill do you have that you could teach others?
- 2 What is a skill that you have always wanted to learn?

## SHERRY'S RIPPLE EFFECT

SHERRY PARTICIPATED IN A TRAINING PROGRAM WHERE SHE LEARNED MECHANIC SKILLS

SHERRY'S NEW SKILLS ARE IN DEMAND, AND SHE CAN SAVE UP FOR HER OWN GARAGE

SHERRY IS A ROLE MODEL FOR OTHER WOMEN AND GIRLS

GENDER NORMS AND STEREOTYPES IN HER COMMUNITY BEGIN TO SHIFT



# MEET NADIA



“Our office is 60% women...When women start earning, it gives financial independence. It gives them self-worth as well.”



When Nadia was 10 years old, her family brought home their first computer. There was no internet yet, but she spent hours exploring programs and imagining what she could build. Now, she leads Tech Alphalogix, a tech company providing women with training and work opportunities.



# NADIA'S RIPPLE EFFECT

**NADIA'S  
FAMILY GETS A  
COMPUTER**

**NADIA  
LEARNS  
TECH  
SKILLS**

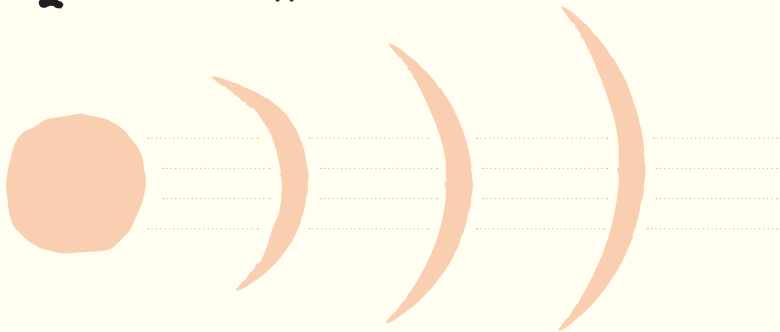
**NADIA  
CO-FOUNDS  
A TECH  
COMPANY**

**NADIA TRAINS  
OTHER WOMEN  
THROUGH HER  
BUSINESS**

**WOMEN IN  
HER REGION  
HAVE GREATER  
FINANCIAL  
INDEPENDENCE  
AND STATUS**

## Create your own ripple effect

- 1** What is one small act that you can do to make positive change?
- 2** What could the ripple effects be?



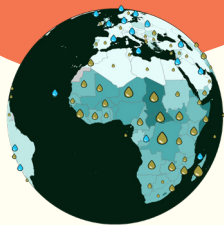


**OUR POTENTIAL  
OUR PURPOSE**



**DIGITAL  
MAP**

Check out our digital map  
to extend your learning



**AGA KHAN FOUNDATION  
CANADA**



In partnership with

**Canada**

**Aga Khan Foundation Canada (AKFC) is building a future where  
we all thrive together. Stay connected and get involved!**



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**GO ONLINE**

for more youth  
opportunities

